

# Don't let it happen to you!

## TABC agents wrote 5370 citations to minors in 2009 for alcohol related violations.

It's A CLASS C MISDEMEANOR TO:

- ↔ possess or consume alcoholic beverages;
- ↔ purchase or attempt to purchase alcoholic beverages;
- ↔ misrepresent your age to obtain alcoholic beverages;
- ↔ operate a motor vehicle or watercraft while having ANY detectable amount of alcohol in your system.

CONSEQUENCES:

- ↔ Class C Misdemeanor, punishable by a fine up to \$500;
- ↔ Alcohol awareness course;
- ↔ Community service;
- ↔ Driver's license suspension or denial;
- ↔ If you are 17 or older, on the third offense, the fine increases to \$2,000 and/or up to 180 days in jail, in addition to driver's license suspension.

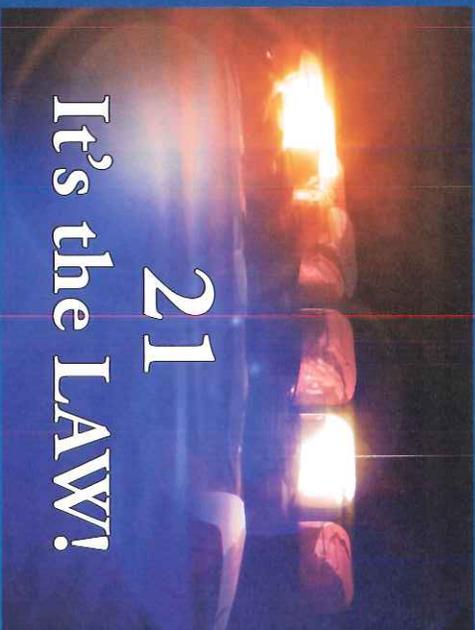
MORE CONSEQUENCES:

Alcohol plays a significant role in risky sexual behavior and increases the risk of physical and sexual assault. Among college students under age 21, 50,000 experience alcohol-related date rape, and 43,000 are injured by another student who has been drinking.

[www.niaaa.nih.gov](http://www.niaaa.nih.gov)



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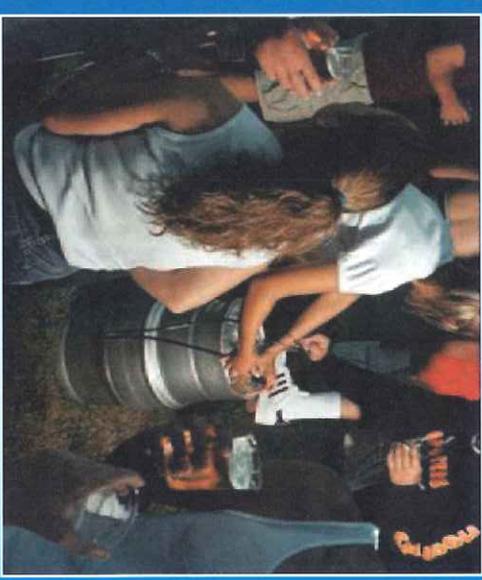
### Texas Alcoholic Beverage Commission

5806 Mesa Drive  
P.O. Box 13127  
Austin, TX 78711  
512-206-3333 (Information)  
1-888-THE-TABC  
TDD/TTY: 711

[www.tabc.state.tx.us](http://www.tabc.state.tx.us)  
[questions@tabc.state.tx.us](mailto:questions@tabc.state.tx.us)



## Consequences of Alcohol



In the U.S., an estimated 5,000 individuals under age 21 die each year from injuries caused by underage drinking. These include:

- Motor Vehicle Crashes: About 1,900 deaths
- Homicides: About 1,600 deaths
- Suicides: About 300 deaths

# TEXAS ALCOHOLIC BEVERAGE COMMISSION

# 21 - It's the LAW!

# Binge drinking.....to.....Extreme Bingeing

## Not yet 21?

Texas leads the nation in the rate of alcohol-related traffic deaths among 15- to 20-year olds.

[www.nhtsa.gov](http://www.nhtsa.gov)

It is illegal for a minor to operate a motor vehicle or watercraft while having any detectable amount of alcohol in the minor's system.

### Penalties

#### First Offense - Class C Misdemeanor

- Up to \$500 fine;
- Alcohol awareness course;
- 20-40 hours community service;
- 60 day driver's license suspension;
- Ineligible for occupational license for 30 days.

#### Second Offense - Class C Misdemeanor

- Up to \$500 fine;
- Alcohol awareness course;
- 40-60 hours community service;
- 120 day driver's license suspension;
- Ineligible for occupational license for 90 days.

#### Third Offense (Under 17)

- 180 day driver's license suspension;
- Ineligible for occupational license;
- Juvenile court (Delinquent Conduct); or
- Adult Criminal Court.

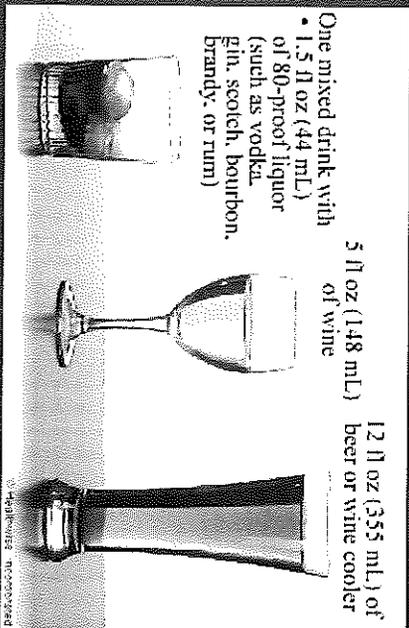
#### Third Offense (17 or Older) - Class B Misdemeanor

- \$500 - \$2,000 fine; and/or
- Confinement in jail up to 180 days;
- 180 day driver's license suspension;
- Ineligible for occupational license.



## Binge Drinking

Males - Five or more alcoholic beverages  
Females - Four or more alcoholic beverages  
*(approximately 2 hours)*



### Risks Associated with Underage Drinking

Underage drinkers consume, on average, 4 to 5 drinks per occasion about 5 times a month. By comparison, drinkers age 26 and older consume 2 to 3 drinks per occasion, about 9 times a month.

[www.niaaa.nih.gov](http://www.niaaa.nih.gov)

In 2005, nearly 7.2 million persons ages 12-20 reported binge drinking in the past month.

2005 SAMHSA National Survey on Drug Use and Health

Among high school students in the U.S., those who binge drink frequently are at higher risk for the following outcomes than are students who abstain from drinking:

- Risky Sexual Behavior
- Assaults
- Sexual Assaults
- Injuries
- Academic Problems
- Legal Problems



[www.surgeongeneral.gov](http://www.surgeongeneral.gov)

## Alcohol Poisoning

Alcohol poisoning occurs when someone has consumed more alcohol than their body can safely metabolize. Remember: It takes the body 1 to 1½ hours to process a single drink. Your body is still affected even after you quit drinking.

### Signs of Alcohol Poisoning

- Unconscious or semiconscious (passed out)
- No response to pinching
- Slow or irregular breathing; less than 8 breaths per minute; 8-10 seconds between breaths
- Low body temperature
- Slow heart rate
- Bluish or pale, cold clammy skin
- Vomiting while "sleeping" or passed out

Alcohol poisoning is a medical emergency. Don't wait for all symptoms to be present before calling 911. Even a person with only a few of these symptoms is at risk for death.

### What if they don't wake up?

- Call 911 for help.
- Keep him/her on their side.
- Perform CPR until medical help arrives if their pulse is less than 40 beats per minute or their breathing is less than 8 breaths per minute.
- Don't panic.
- Don't leave them alone to "sleep it off".
- Don't give them food or coffee.
- Don't try to make them vomit.
- Don't put them in a cold shower.

Don't let it happen to you or anyone you know.